



- 3/1 Ash Wednesday
- 3/9 Lunch at Tumbleweed
- 3/14 Craft Hour
- 3/17 St. Patrick's Day Parade
- 3/21 Purity Baptist Church
- 3/23 Resident Council Meeting
- 3/23 Chat with Sergio
- 3/24 Purity Baptist Church
- 3/28 Lunch at Pasquale's
- 3/30 Funny Money Auction



**Contact Info:**

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**Happy  
St. Patrick's  
Day**



**Resident of the Month**

Our resident of the month for March is Linda McGriff. Linda joined our family in October of 2015. She moved from downtown Maysville where she grew up but has lived most of her life in California and Florida.

Linda enjoys meeting new people, which she did while working, and during her travels with her bowling league. She has used that love for bowling to get involved with our Wii bowling group. She is very active in most of the activities and loves a good laugh.


I have to include that Linda is an avid Laker's fan!!

I hope that you will sit and enjoy some time with Linda. She can tell you about her many adventures and dazzle you with her sweet smile. We are blessed to have Linda in our community!!



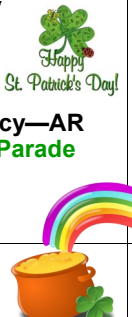




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Sunday	Monday	Tuesday	Wednesday
<p><b>March Birthday's</b>                      3/9 Nancy Brannen                      3/11 Lois Calhoun                      3/12 Bill Slattery                      3/16 Lillie Shaw                      3/19 Sonny McEuen                      3/31 JK Pumpelly</p>	<p>Games to be announced for the SEC Tournament. The games will be on the downstairs TV.</p>		<p><b>1 Ash Wednesday</b>                      9:45 Silver Sneakers                      10:00 Poker Walk-LR                      1:00 Catholic Mass-DR                      2:00 Chair Exercise                      2:30 Ice Cream Con                      3:00 Let's Play Card                      6:30 Movies-"Bone                      Western Movie</p>
<p><b>5</b>                      9:00 Catholic Communion-AR                      1:30 Wii Bowling-LR                      2:30 Bingo-AR                      6:30 Movie/Popcorn-ULR                      "The Greatest Game Ever Played" Amazon Prime</p>	<p><b>6 Dr. Day Visit</b>                      9:45 Silver Sneakers YMCA                      10:00 Current Events-LR                      11:00 Let's Walk-LR                      2:00 Exercise with Tracy-AR                      2:30 Euchre/Rook-AR                      6:30 TV Series-ULR                      "Good Witch"</p>	<p><b>7</b>                      10:00 Bell Time-AR                      10:30 GOLF card game-AR                      1:00 Wii Bowling-LR                      2:00 40's Music-DR                      2:30 Bingo -AR</p>	<p><b>8</b>                      9:45 Silver Sneakers                      10:00 Poker Walk-LR                      11:30 Lunch with Pa                      2:00 Chair Exercise                      2:30 Ice Cream Con                      3:00 Let's Play Card                      6:30 Movies-"Woma                      Netflix</p>
<p><b>12</b>                      9:00 Catholic Communion-AR                      1:30 Wii Bowling-LR                      2:30 Bingo-AR                      6:30 Movie/Popcorn-ULR                      "Flash of Genius" Netflix</p>	<p><b>13 Dr. Day Visit</b>                      9:45 Silver Sneakers YMCA                      10:00 Current Events-LR                      11:00 Let's Walk-LR                      2:00 Exercise with Tracy-AR                      2:30 Euchre/Rook-AR                      6:30 TV Series-ULR                      "Good Witch"</p>	<p><b>14</b>                      10:00 Bell Time-AR                      10:30 Craft Hour-AR                      1:00 Wii Bowling-LR                      2:00 40's Music-DR                      2:30 Bingo -AR</p>	<p><b>15</b>                      9:45 Silver Sneakers                      10:00 Poker Walk-LR                      2:00 Chair Exercise                      2:30 Ice Cream Con                      3:00 Let's Play Card                      6:30 Movies-"Harry                      Netflix</p>
<p><b>19</b>                      9:00 Catholic Communion-AR                      1:30 Wii Bowling-LR                      2:30 Bingo-AR                      6:30 Movie/Popcorn-ULR                      "Invincible" Netflix</p>	<p><b>20 Dr. Day Visit</b>                      9:45 Silver Sneakers YMCA                      10:00 Current Events-LR                      11:00 Let's Walk-LR                      2:00 Exercise with Tracy-AR                      2:30 Euchre/Rook-AR                      6:30 TV Series-ULR                      "Good Witch"</p>	<p><b>21</b>                      10:00 Bell Time-AR                      10:30 GOLF card game-AR                      1:00 Wii Bowling-LR                      2:00 40's Music-DR                      2:30 Bingo -AR                      6:30 Purity Baptist Church</p>	<p><b>22</b>                      9:45 Silver Sneakers                      10:00 Poker Walk-LR                      2:00 Chair Exercise                      2:30 Ice Cream Con                      3:00 Let's Play Card                      6:30 Movies-"Apollo                      Amazon Prime/ Gre</p>
<p><b>26</b>                      9:00 Catholic Communion-AR                      1:30 Wii Bowling-LR                      2:30 Bingo-AR                      6:30 Movie/Popcorn-ULR                      "A Mile in His Shoes" Netflix</p>	<p><b>27 Dr. Day Visit</b>                      9:45 Silver Sneakers YMCA                      10:00 Current Events-LR                      11:00 Let's Walk-LR                      2:00 Exercise with Tracy-AR                      2:30 Euchre/Rook-AR                      6:30 TV Series-ULR                      "Good Witch"</p>	<p><b>28</b>                      10:00 Bell Time-AR                      10:30 Lunch at Pasquale's                      1:00 Wii Bowling-LR                      2:00 40's Music-DR                      2:30 Bingo -AR</p>	<p><b>29</b>                      9:45 Silver Sneakers                      10:00 Poker Walk-LR                      2:00 Chair Exercise                      2:30 Ice Cream Con                      3:00 Let's Play Card                      6:30 Movies-"The L                      War Movie/Net</p>

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ay	Thursday	Friday	Saturday
<p><b>Monday</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Bunco-AR</b></p>	<p><b>2</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Bunco-AR</b></p>	<p><b>3 Dr. Day Visit</b></p> <p>10:00 Bell Time-AR                  11:00 Exercise-LR                  1:00 Wii Bowling-LR                  2:00 Exercise with Tracy—AR                  4:00 Happy Hour-LR</p>	<p><b>4</b></p> <p>10:30 <i>Movie-LR</i>                  "Cleopatra"                  Netflix-ULR  <b>12:00 UK vs. Texas A&amp;M</b>  <b>2:30 Bingo</b>  <b>6:30 Jigsaw Puzzle</b></p>
<p><b>Tuesday</b></p> <p>10:00 Trivia-LR  <b>11:00 Lunch at Tumbleweed-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Bunco-AR</b></p>	<p><b>9</b></p> <p>10:00 Trivia-LR  <b>11:00 Lunch at Tumbleweed-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Bunco-AR</b></p>	<p><b>10 Dr. Day Visit</b></p> <p>10:00 Bell Time-AR                  11:00 Exercise-LR                  1:00 Wii Bowling-LR                  2:00 Exercise with Tracy—AR                  4:00 Happy Hour-LR</p>	<p><b>11</b></p> <p>10:30 <i>Movie-LR</i>                  "Nevada Smith" Western                  Netflix-ULR                  1:00 Wii Bowling-LR  <b>2:30 Bingo</b>  <b>6:30 Jigsaw Puzzle</b></p>
<p><b>Wednesday</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Bunco-AR</b></p>	<p><b>16</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Bunco-AR</b></p>	<p><b>17 Dr. Visit Day</b></p> <p>10:00 Bell Time-AR                  11:00 Exercise-LR                  1:00 Wii Bowling-LR                  2:00 Exercise with Tracy—AR  <b>2:30 St. Patrick's Day Parade and Party</b>                  4:00 Happy Hour-LR</p> 	<p><b>18</b></p> <p>10:30 <i>Movie-LR</i>                  "Phenomenon"                  Netflix-ULR                  1:00 Wii Bowling-LR  <b>2:30 Bingo</b>  <b>6:30 Jigsaw Puzzle</b></p>
<p><b>Thursday</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Chat with Sergio-DR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Resident Council Meeting-DR</b></p>	<p><b>23</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Chat with Sergio-DR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Resident Council Meeting-DR</b></p>	<p><b>24 Dr. Day Visit</b></p> <p>10:00 Bell Time-AR                  11:00 Exercise-LR                  1:00 Wii Bowling-LR                  2:00 Exercise with Tracy—AR                  4:00 Happy Hour-LR</p> 	<p><b>25</b></p> <p>10:30 <i>Movie-LR</i>                  "The Newton Boys"                  Netflix-ULR                  1:00 Wii Bowling-LR  <b>2:30 Bingo</b>  <b>6:30 Jigsaw Puzzle</b></p>
<p><b>Friday</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Funny Money Auction-DR</b></p>	<p><b>30</b></p> <p>10:00 Trivia-LR  <b>10:30 Looking Back-LR</b>                  2:00 Let's Walk LR                  2:30 Mike Stephenson Bible time-DR  <b>3:00 Funny Money Auction-DR</b></p>	<p><b>31 Dr. Day Visit</b></p> <p>10:00 Bell Time-AR                  11:00 Exercise-LR                  1:00 Wii Bowling-LR                  2:00 Exercise with Tracy—AR                  4:00 Happy Hour-LR</p>	<p>Everyone's Irish                  On March 17th.</p> 

# Reminders...

## Illness:

Flu Season is upon us. We would like to remind everyone that if you have been ill; coughing, sneezing, nausea, diarrhea or fever, please stay in your apartment for at least 24 hours of being symptom free. We will be glad to bring you complimentary room trays while you are feeling under the weather.

We are reposting this to help us to remember to be good neighbors. Let's wash our hands frequently, be careful with our tissues and make sure they are disposed of properly. Let's finish the winter months on a healthy note!!



## Outings:

Please remember to sign up for the outings that you wish to attend ahead of time. The sign up sheets are kept in the activity binder on the entrance table in the dining room. We ask this so we can staff properly. Safety is always our first concern and when dealing with walkers and wheelchairs we want to make sure we have enough hands that everyone and everything is taken care of properly. We are very excited about our new bus and being able to transport more residents and staff members. Space is still limited so make sure to sign up early.

Our outings are always subject to change due to weather and attendance. We look forward to taking more outings so we can enjoy our lovely town and surrounding areas!!



## Shopping:

We are asking that if you have shopping to be done on Wednesday please get your list and money to Mary Anna or the front desk on Tuesday. We are shopping Wednesday mornings. We normally leave the building by 9:40 am. Remember we do have a sign up sheet in the activity binder if you have errands to run.

Thank you for your cooperation!!